

Making T.C.A. and Intensive Retinol Peels an Art Form Through Layering & Pre-conditioning Techniques

The primary purpose of the **Advanced Peel Training Program** is for licensed skin professionals to gain advanced esthetic skills in medical spa and clinical settings. Our unique medical process combines a proprietary pre-conditioning and layering process that allows for significant change of the skin surface with little to no down time. Our Skin Rejuvenation Program will allow for each attendee to confidently use and layer our refined Retinol Treatments, T.C.A, Glycolic, Lactic, our own Modified Jessner, Salicylic (for acne) & h2t Pumpkin Peel 30 to achieve remarkable results. You will also be taught how to combine innovative protocol including micro-exfoliation to safely treat acne scarring, hyper-pigmented and all forms of pre-mature aged skin issues.

Prescription Facial System is a sophisticated kit of blended raw materials that enables the aesthetician to completely customize service treatments specific to primary and underlining conditions present in each of the seven facial zones. Raw, concentrated components, free of additives and fillers are blended into unique formulations specific to the individual, providing results not replicated by your competition.

Prescription Facial System is an esthetic chemistry set, where you now become the chemist, BUT you must know how to blending each ingredient together will affect the end result. Therefore, it's important to become familiar with the components, how the work together and how their concentrations impact your formulations before you start providing services. By learning the customized blending methods in Prescription Facial System you are able to obtain the maximum results for the most unique and cost effective formulations. Your average price of service with the Prescription Facial System becomes 20 to 30% more than what your upgraded facial treatment; you truly become a clinician with an amazing skill-set.

Registration Form

Advanced TCA Chemical Peel & H2T Prescriptive Customize Blending of ACTIVES Up-Coming Scheduled Classes

Dates	Time	Class	Location	Cost
1/09/12 - 10am-3:30: Introduction to Advanced Chemical Peel Level 1 Workshop : Advancing your technique utilizing TCA, Retinol, Salicylic, Modified Jessner, Glycolic and Lactic Acids. Focus will be placed our proprietary pre and post treatments including the prescriptive blending of actives. Where: Spa & Aesthetics Institute of Esthetics 211 Main St. Vista, CA Cost: \$50				
1/16/12 - 10am-3:30 Blending of Actives 10am-4pm (A focus will be placed on aggressive acne treatments) Customizing clients facial treatment with PURE actives. Where: Spa & Aesthetics Institute of Esthetics 211 Main St. Vista, CA "This course is an industry first". Cost: \$50				
1/23/12 - 10am-3:30: Introduction to Advanced Chemical Peel Level 1 Workshop : Advancing your technique utilizing (h2t Pumpkin Peel 30% w/Retinol, Salicylic, , Glycolic and Lactic Acids. Focus will be placed our proprietary pre and post treatments including visiting (h2t) Professional "Industry Exclusive" prescriptive blending of actives @ 5x the strength of regular professional treatments. Where: South Point Hotel Casino Las Vegas, NV Cost: \$25				
1/30/12 - 10am-3pm Advanced Acne Course: Focus to be placed on moderate to aggressive acne treatments utilizing DERModality TCA, Retinol, Salicylic, Modified Jessner, Glycolic and Lactic as well as customizing clients facial treatments with h2t Prescription System and the blending of PURE actives. Where: Spa & Aesthetics Institute of Esthetics 211 Main St. Vista, CA "This course is an industry first". Cost: \$50				
2/19/12 - 10am-3pm Advanced Acne Course: Focus to be placed on moderate to aggressive acne treatments utilizing DERModality TCA, Retinol, Salicylic, Modified Jessner, Glycolic and Lactic as well as customizing clients facial treatments with h2t Prescription System and the blending of PURE actives Where: South Point Hotel Casino Las Vegas, NV "This course is an industry first". Cost: \$50				
2/27/12 - 10am-3pm Advanced Chemical Peel L-3 Course: Focus to be placed on moderate to aggressive skin resurfacing treatments utilizing DERModality TCA, Retinol, Salicylic, Modified Jessner, Glycolic and Lactic as well as customizing clients facial treatments with h2t Prescription System and the blending of PURE actives. Where: Spa & Aesthetics Institute of Esthetics 211 Main St. Vista, CA ". Cost: \$50				
3/06/12 - 9am-4:30: Advanced Chemical Peel Workshop Paired with h2t Prescription Blending System: Customizing clients facial treatment with PURE actives. Where: Best Western Sterling Ave. Ft. Lauderdale, FL "This course is an industry first". Cost: \$50				

Name: _____ Class Date: _____

Address: _____ City _____ State: _____ Zip: _____

Email: _____ Phone: _____

Credit Card# _____ Expiration Date: _____

Contact: **Spa & Aesthetics** @ 800-553-0405 to Register or complete this form at this timEmail: tony@h2tspa.com • Web: h2tspa.com

Course Outline

Advance Skin Care Training Program

(Interdictory Course Leading to Advanced Chemical Peel Procedures

5 hour Presentation and Demo's

Advanced Skin Care Treatments

Skin Physiology and Functions
Review of Cells and Tissues
The Role of Fitzpatrick Scale
Client Consultation, Points of Understanding
Skin History and Analysis
The Recognition of Skin Type and Conditions
Learn Pre-Conditioning of the Skin
Contraindications for Chemical Peels
Procedure of Informed Consent, Photo Release
Pre Procedure Regiment Prior to Treatment
Post Care Treatment Protocols/Importance of Service Sales and Home Care
H2t Pumpkin Peel 30 Treatment- pH 3.1
Retinol 10/10 (10% Pure Refined Vitamin A Retinol with 10% Lactic Acid) –pH 2.2
“Long Island Ice Tea” Peel (15% Pure Refined Vitamin A Retinol with 15% Lactic Acid) pH 2.2
H2t Pumpkin Peel 30 1st Treatment Layered with Retinol 10/10
H2t Pumpkin Peel 30 1st Treatment Layered with “Long Island Ice Tea” Peel
TCA Formula 2 Peel- pH 1.7- One Layer
Practical Application
Bundling Services/Increasing the Average Tickets

Level 2: 8 hour In-depth Presentation and Hands-on Workshop

The Art of Layering Progressive Peels

The Role of Fitzpatrick Scale
Candidates Selection
Client Consultation, Point of Understanding
Skin History and Analysis
The Recognition of Skin Type and Conditions
Learn Pre-Conditioning of the Skin
Contraindications for Chemical Peels
Procedure of Informed Consent, Photo Release
Pre Procedure Regiment Prior to Treatment
Post Care Treatment Protocols/Importance of Service Sales and Home Care
2 Layer Peel: 1st Treatment h2t Pumpkin Peel 30 with TCA Formula 2
2 Layer Peel: TCA Formula 2 Peel, Layered with Retinol 10/10
2 Layer Peel: TCA Formula 2 Layered with Retinol 15/15
3 Layered Peel: Pumpkin Peel 30 Layered with TCA Formula 2, Layered with Retinol 10/10 or Retinol 15/15
3 Layered Peel: Pumpkin Peel 30 Layered with TCA Signature Peel , Layered with Retinol 10/10 or Retinol 15/15

Practical Application
Bundling Services/Increasing the Average Tickets

Level 3: 8 hour In-depth Presentation and Hands-on Workshop

Master Skills in Layering Techniques of Aggressive Peels

The Role of Fitzpatrick Scale
Candidates Selection
Client Consultation, Point of Understanding
Skin History and Analysis
The Recognition of Skin Type and Conditions
Learn Pre-Conditioning of the Skin
Contraindications for Chemical Peels
Procedure of Informed Consent, Photo Release
Pre Procedure Regiment Prior to Treatment
Post Care Treatment Protocols/Importance of Service Sales and Home Care
3 Layer Peel: Pumpkin Peel 30, Layered with Signature Peel, Retinol 10/10
3 Layer Peel: Pumpkin Peel 30, Layered with Signature Peel, Retinol 15/15
Pinnacle Peel- pH 1.0 –Single Layer
2 Layer Peel: Pinnacle Peel, Layered with Retinol 10/10 or Retinol 15/15
3 Layer Peel: Pumpkin Peel 30, Layered with Pinnacle, Retinol 10/10 or Retinol 15/15
Proper control and use of Spa & Aesthetics Jessner's Peel (full strength & modified)

Practical Application
Bundling Services/Increasing the Average Tickets

Prescriptive System Custom Blending of Actives

Skin Care Specialist have the opportunity to provide results oriented treatments, which are customized for each client, using the purest of **active** ingredients. PS allows for the customization of your facials. You can now customize formulations for your clients' skincare needs. PS System allows you to give all specialized facials which means they can't go and get the same facial anywhere else, because you alone will have the formulation. You are designing the formulation to be up to 500% higher percentages of actives.

In beauty school you're not taught ingredients, so when you come out of school, you only know the product line you used and were trained on. That's not "knowledge". With PS, you learn the chemistry behind what you're doing.

Prescription System teaches you the science behind the service.

H2t PS System was produced by a group of h2t's own bio-chemist. After 2 years of R & D it was sent to 8 of h2t owned spa's where more than 50 estheticians and 2 doctors refined and simplified the customized treatments into a trainable user friendly process. This alone took almost 3 years.

With this result and physiology difference you will no longer be offering a facial at a facial price, each treatment is truly a value added customized treatment. Most estheticians are charging up to 40% more per treatment than a regular facial.

Upon completion of this program requirements the skin care professionals will be able to:

- Reflect a strong business and professional work ethics.
- Professional integrity and self-confidence along with the practice of effective communications skills.
- Perform appropriate advanced clinical and medical spa skills.
- Practice affective business building skills and successful services.
- Mastering the use of Advanced Chemical Peels (TCA, Retinol (h2t) Pumpkin Peels 30 & Microdermabrasion in conjunction with several of our peels.
- Developing skills to utilize different protocols in layering of chemical peels.
- Product prescription and education of the client in proper home care regiment.
- Create a new profit center by following "TO THE POINT" Protocol & Technique